



Winter Menu

Week 1

Monday

Chilli Con Carne with Boiled Rice and Tortilla Chips
Yoghurts
Homemade Potato and Leek Soup served with Croutons or
Wholemeal Bread

Tuesday

Cheesy Cauliflower and Broccoli Bake
Winter Fruit Jelly
Loaded Jacket Potatoes with Tuna Mayo

Wednesday

Roast of the Week
Seasonal Fresh Fruit
Mini Cowboy Pies with Vegetable Crudites

Thursday

Fisherman's Pie with Mixed Vegetables
Peach Crumble with Cream
Cheese and Onion Toasted Sandwiches with Vegetable Crudites

Friday

Pork and Apple Casserole
Homemade Rice Pudding
Hash Brown Pizzas with Vegetable Crudites

All children are offered toast, crumpets or muffins, with fruit, as a
snack at
about 9.30am.

There is also the opportunity for milk and biscuits at about 5pm
Fresh fruit or vegetable crudites can include apples, pears,
bananas, grapes,

pineapple, clementines, melon, strawberries, sultanas, celery,
carrots,
peppers, cherry tomatoes or cucumber depending on season.

All meals have alternatives for vegetarians
Menus are subject to change according to availability.

Winter Menu

Week 2

Monday

Vegetable Hotpot
Jam Sponge and Custard
Chicken Parmigiana on Toast

Tuesday

Fish, Spinach and ChickPea Curry with Boiled Rice
Seasonal Fresh Fruit
Asian Noodle Soup

Wednesday

Sausage and Sweet Potato Barbeque Bake
Yoghurts
Homemade Salmon Pate with Crusty Bread and Vegetable
Crudites

Thursday

Chicken and Mushroom Pie with New Potatoes and Mixed
Vegetables
Winter Fruit Trifle
Ham Sushi Rolls

Friday

One Pot Veggie Pasta
Chocolate Sponge and Chocolate Sauce
Pea and Feta Swirls with Vegetable Crudites

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about 9.30am.

There is also the opportunity for milk and biscuits at about 5pm

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bananas, grapes,
pineapple, clementines, melon, strawberries, sultanas, celery,
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Week 3

Monday

Liver and Bacon Casserole
Seasonal Fresh Fruit
Butternut Squash and Cheddar No Sausage Rolls with Vegetable
Crudites

Tuesday

Smoked Haddock Fishcakes with Parsley Sauce and Mixed
Vegetables
White Chocolate Mousse
Ham and Tomato Toasted Sandwiches with Vegetable Crudites

Wednesday

Macaroni Cheese with Vegetables
Homemade Blackberry and Apple Pie with Ice Cream
Tomato and Basil Soup with Croutons or Wholemeal Bread

Thursday

Roast of the Week
Yoghurts
Fish Croquettes with Homemade Tartar Sauce and Vegetable
Crudites

Friday

Chicken Curry with vegetable Rice and Naan Bread
Warmed Spiced Pineapple with Cream
Homemade Vegetable Samosas with Vegetable Crudites

All children are offered toast, crumpets or muffins, with fruit, as a
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about 9.30am.

There is also the opportunity for milk and biscuits at about 5pm
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bananas, grapes,
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Week 4

Monday

Turkey Meatball and Garlic Bread Tray Bake
Bananas and Custard
Ham and Cheese Loaded Jacket Potatoes

Tuesday

Toad in the Hole with Mixed Vegetables and Gravy
Yoghurts
Mini Cheese and Onion Pasties with Vegetable Crudites

Wednesday

Tuna Pasta Bake
Fruit Cheesecake
Crustless Quiche with Vegetable Crudites

Thursday

Roasted Vegetable Lasagne with Fresh Salad
Seasonal Fresh Fruit
Chicken and Sweetcorn Soup with Pita Croutons

Friday

Lamb Hotpot
Syrup Sponge and Custard
Sardines on Wholemeal Toast

All children are offered toast, crumpets or muffins, with fruit, as a
snack at

about 9.30am.

There is also the opportunity for milk and biscuits at about 5pm
Fresh fruit or vegetable crudites can include apples, pears,
bananas, grapes,
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