

Winter Menu

Week 2

Monday

Vegetable Hotpot
Jam Sponge and Custard

Chicken Parmigiana on Toast

Tuesday

Fish, Spinach and Chick Pea Curry with Boiled Rice
Seasonal Fresh Fruit

Asian Noodle Soup

Wednesday

Sausage and Sweet Potato Barbeque Bake
Yoghurts

Homemade Salmon Pate with Crusty Bread and Vegetable Crudities

Thursday

Chicken and Mushroom Pie with New Potatoes and Mixed Vegetables
Winter Fruit Trifle

Ham Sushi Rolls

Friday

One Pot Veggie Pasta
Chocolate Sponge and Chocolate Sauce

Pea and Feta Swirls with Vegetable Crudities

All children are offered toast, crumpets or muffins, with fruit, as a snack at about 9.30am.

There is also the opportunity for milk and biscuits at about 5pm
Fresh fruit or vegetable crudities can include apples, pears, bananas, grapes, pineapple, clementines, melon, strawberries, sultanas, celery, carrots, peppers, cherry tomatoes or cucumber dependent on season.

All meals have alternatives for vegetarians
Menus are subject to change according to availability.